

## **Mary Bradford Ivey, EdD, NCC**

PO Box 707  
Sunapee, NH 03782  
(603) 763-2131

Cell (941) 914-2006

8877 Bloomfield Blvd.  
Sarasota, FL 34238  
(941) 927-1678

### **EDUCATION**

Ed.D. Organizational Development, University of Massachusetts, Amherst (1978)  
M.S. Guidance and Counseling, University of Wisconsin, Madison (1969)  
B.A. Social Work and Physical Ed., Gustavus Adolphus College, St Peter, MN (1963)

### **CERTIFICATION**

National Board of Certified Counselors

### **EXPERIENCE**

1982-Present Partner, Ivey Associates  
1982-2010 Vice President, Microtraining Associates, Hanover, Massachusetts  
1976-2000 Counselor, Amherst Public Schools, Amherst, Massachusetts  
1965-67 Teacher, Madison Wisconsin Schools  
1963-64 Teacher, Moline, Illinois Schools  
  
2004-2912 Courtesy Professor, Counselor Education, University of South Florida,  
Tampa  
2001 and 1982 Visiting Lecturer, Flinders University, Adelaide South Australia  
1999 Visiting Professor, University of Hawai'i  
1981 through 2000 (periodic) Visiting Lecturer, University of Massachusetts,  
Amherst  
1986-88 Stress Management Counselor, Amherst College  
1988 Visiting Lecturer, Keene State University, Keene, NH

### **MULTICULTURAL PROFESSIONAL ACTIVITIES**

My central professional activity has been with the multicultural movement. Here are four examples of my commitment and action in this area.

1. Founding Member and Board of Directors, National Institute of Multicultural Competence. Over the past fifteen years, this group has been active in advocating and promoting the multicultural competencies, writing articles and books, making many presentations at professional associations, and establishing the multicultural summit. The group was instrumental in the development of ACA's Social Justice division. This has been my major professional activity and I've been fully active in the work of this group since its inception.  
The work of this group in multiculturalism is reported in: D'Andrea, M., Daniels, J., Arredondo, P., Ivey, M., Ivey, A., Locke, D., O'Bryant, B., Parham, T., & Sue, D.W. (2001). Fostering organizational change to realize the revolutionary potential of the multicultural movement: An updated case study. In J. Ponterotto,

- J. M. Casas, L. Suzuki, & C. Alexander (Eds.) *Handbook of multicultural counseling*. Thousand Oaks, CA: Sage.
2. My co-authored textbook, *Counseling and Psychotherapy*, was the first counseling theories text to emphasize multicultural issues. *Intentional Interviewing and Counseling* has a long tradition of focusing on multicultural issues and still gives more attention to these issues than any other skills book. A review of my books and articles will reveal major attention to multicultural issues.
  3. Virtually all of my local, national, and international professional presentations have focused on multicultural issues.
  4. I received the O'Hana Award from ACA for my multicultural work in the schools and writing in 1998.

## PUBLICATIONS

I have been co-author of at least 18 books which have gone through multiple editions and have been translated into twelve or more languages. In addition, sole author or co-author of more than 40 publications.

- Ibrahim, F., Ivey, A., Ivey, M., Pedersen, P. *International Group Counseling: Best Practices for a Multicultural World*. San Diego, CA: Cognella.
- Zalaquett, C., Ivey, A., & Ivey, M. *Essential Theories of Counseling and Therapy*. San Diego, CA: Cognella.
- Ivey, A., & Ivey, M & Zalaquett, C. (2011, 2014, 2018). *Intentional interviewing and counseling: Facilitating client development in a multicultural world*. (7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> Ed.) San Francisco, Cengage 2007, 2003).
- Ivey, A., & Ivey, M. (2007, 2003). *Intentional interviewing and counseling: Facilitating client development in a multicultural world*. (5<sup>th</sup> & 6<sup>th</sup> Ed.) Pacific Grove: CA: Brooks/Cole, A., &
- Ivey, A., Gluckstern, N., & Ivey, M. (2018, 2013, 2008, 2005). *Basic attending skills*. (4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> Ed.) Framingham, MA: Microtraining Associates.  
*Translated into Greek, French, Indonesian, Japanese, Malaysian, Romanian, Swedish*
- Ivey, A., Gluckstern, N., & Ivey, M. (2018, 2010, 2005, 1997). *Basic influencing skills*. (3rd, 4<sup>th</sup>, 5th Ed.) Framingham, MA: Microtraining Associates.
- Ivey, A., Ivey, M., Myers, J., & Sweeney, T. (2005). *Developmental Counseling and Therapy: Promoting Wellness Over the Lifespan*. Boston: Lahaska/Houghton-Mifflin.  
*Translated into Korean, Japanese*
- Fukuhara, M., Ivey, A., & Ivey, M. (2004). *Microcounseling: Theory and Practice*. Tokyo: Kazama Shobo.  
*Translated into Russian, Ukrainian, Italian, Japanese, Chinese*
- Ivey, A., D'Andrea, M., Ivey, M., & Simek-Morgan, L. (2002). *Theories of counseling and psychotherapy: A multicultural perspective*. (5<sup>th</sup> Ed.) Boston: Allyn & Bacon

*I have been co-author of a number of articles and chapters, among them are*

- Ivey, A., & Ivey, M. (2001). *Developmental counseling and therapy and multicultural counseling and therapy: Metatheory, contextual consciousness, and action*. In Locke, D., Myers, J., & Herr., E. *The handbook of counseling*. Beverly Hills, CA: Sage.
- Ivey, A., & Ivey, M. (1999). *Toward a developmental Diagnostic and Statistical Manual: The vitality of a contextual framework*. *Journal of Counseling and Development*, 77, 484-490.
- Ivey, A., & Ivey, M. (1998). *Reframing DSM-IV-TR: Positive strategies from developmental counseling and therapy*. *Journal of Counseling and Development*, 76, 334-350.
- Ivey, A., & Ivey, M. (1991). Network interventions in developmental counseling and therapy. Chapter in A. Ivey *Developmental strategies for helpers*. Pacific Grove, CA: Brooks/Cole.
- Ivey, A., Rigazio-DiGilio, S., & Ivey, M. (1991). The standard cognitive-developmental interview. Appendix I in A. Ivey *Developmental Strategies for Helpers*. Pacific Grove, CA: Brooks/Cole.

- Ivey, A., & Ivey, M. (1990). Assessing and facilitating children's cognitive development: Developmental counseling and therapy in a case of child abuse." *Journal of Counseling and Development*, 68, 299-305.
- Ivey, A., Ivey, M., and Gonçalves, O. Developmental therapy: Theory and practice. In O. Gonçalves (Ed.) *Advances in the Cognitive Therapies*, Oporto: Portugal: Association of Portuguese Psychologists, 91-110. 1988.
- Mann, L., Breswick, G., Allouache, P. & Ivey, M. (1987). Decision workshops for the improvement of decision making: Skills and confidence." *Journal of Counseling and Development*, 1987.
- Simon, S. & Bohn, M. (1974). What schools should be doing about values clarification, *The National Association of Secondary School Principals*, February 1974.

## **PRESENTATIONS**

Over 200 presentations nationally and internationally. Among many keynote presentations are: American Counseling Association, The Southeast Asian Counseling and Therapy Association (Borneo), Three for the International Association of Counseling (IRTAC) (Denmark, Finland, and Zealand, Five invitations to keynote various conferences in Japan, American Management Association, Mexico City, and twice in Portugal. I've conducted presentations and workshops in all these countries and worked extensively in Australia and Canada.

## **VIDEOTAPES FOR COUNSELING AND THERAPY PROFESSIONAL TRAINING**

Over the last twenty years, I have been actively involved in developing many Microtraining videotapes for the training of counselors and therapists. We now have the largest list of multicultural videos for counselor and therapist training in the nation. In addition, I have participated in the generation of several key videos that are used widely both in the US and internationally. The most widely used include the following:

*Counseling Children* (Sole Author), *Counseling Latina/o Children* (with E. Vazquez and L. Vazquez), *Basic Attending Skills* (4 editions with six co-authors over that period. I've been responsible for the key reflection of feeling examples). *Basic Influencing Skills* (three editions with four coauthors) . The Counseling Children video has been translated into Japanese while the Attending Skills have been translated into multiple languages.

## **AWARDS/RECOGNITIONS**

2015 Presidential Award, American Counseling Association

2001 Who's Who American Women?

2006 Who's Who in the World

2008 Fellow, American Counseling Association

Among the first 15 Fellows of ACA

1995 Who's Who in America

1998 O'Hana Award, American Counseling Association for multicultural work in the schools

1990 Horace Mann Teacher, Amherst Schools. One-year grant to generate materials and concepts for multicultural counseling and teaching in the Amherst Schools

1988 Developmental Guidance Program named as "Exemplary" by Christa McAuliffe Conference. My program was one of over 200 nominations nationally and was named among the top ten. I presented my program and developmental consultation concepts at a national conference at Virginia Technical University, Blacksburg

1986 Merit Award Teacher